

Programación semanal

En la programación semanal te presentamos un **reparto del trabajo de la asignatura** a lo largo de las semanas del cuatrimestre.

SEMANAS	TEMAS	ACTIVIDADES	LIVE CLASSES
Semana 1		Mandatory attendance to two virtual classes; to choose through the four month period (0,105 points each).	Presentation of the subject
Semana 2	Unit 1. Neuromotor development of the human being 1.1. How to study this unit? 1.2. Early Childhood Education stage (from 0 to 6 years old) 1.3. Neuromotricity and executive functions 1.4. Projects and organization of activities based on students' neuromotor development	Test unit 1(0,11 puntos)	1st. Unit 1 class and explanation of forum marks for the course corresponding to Unit 9
Semana 3	Unit 2. Motor learning and motor competence 2.1. How to study this unit? 2.2. Constructivist development applied to physical education: key concepts	Activity 1. Motor Learning Theory: Explanation and practical application(1,5 puntos)	2nd. Unit 2 class and explanation of the learning theories activity
Semana 4	Unit 2. Motor learning and motor competence (continued) 2.2. Constructivist development applied to physical education: key concepts 2.3. Ecological approach to motor competence	Test unit 2(0,11 puntos)	3rd. Unit 2 class
Semana 5	Unit 3. Fundamentals of motor-development games as a teaching resource 3.1. How to study this unit? 3.2. Motor skills and motor-development games 3.3. Motor-development games: features and application 3.4. Teaching strategies for motor-development games	Activity 2. Designing motor games with teaching and educational goals(1 puntos)	4th. Unit 3 class and explanation of the designing motor games activity
Semana 6	Unit 3. Fundamentals of motor-development games as a teaching resource (continued) 3.5. Types of games for the students in the Early Childhood Education stage	Test unit 3(0,11 puntos)	5th. Unit 3 class
Semana 7	Unit 4. Work areas of psychomotricity in Early Childhood Education: competences, objectives, contents and assessment 4.1. How to study this unit? 4.2. Competences and objectives 4.3. Assessment process 4.4. Practical proposals for the development of teaching contents		6th. Unit 4 class

Semana 8	Unit 4. Work areas of psychomotricity in Early Childhood Education: competences, objectives, contents and assessment (continued) 4.4. Practical proposals for the development of teaching contents	Test unit 4(0,11 puntos)	7th. Unit 4 class
Semana 9	Unit 5. Contents (I) Elements and characteristics of body schema in Early Childhood Education 5.1. How to study this unit? 5.2. Psychomotor education: the body schema 5.3. Tonic and postural control		8th. Unit 5 class
Semana 10	Unit 5. Contents (I) Elements and characteristics of body schema in Early Childhood Education (continued) 5.4. Respiratory control 5.5. Laterality 5.6. Spatio-temporal structuring 5.7. Coordination	Test unit 5(0,11 puntos) Activity 3. We are teachers!(1,5 puntos)	9th. Unit 5 class and explanation of the We are teachers! activity
Semana 11	Unit 6. Contents (II) Development of psychomotor coordination in Early Childhood Education 6.1. How to study this unit? 6.2. Types of psychomotor coordination 6.3. The development of psychomotor coordination 6.4. Practical proposals	Test unit 6(0,11 puntos)	10th. Unit 6 class
Semana 12	Unit 7. Contents (III) Fundamental motor skills in physical education 7.1. How to study this unit? 7.2. Displacements 7.3. Twists and turns 7.4. Jumps 7.5. Throwing skills 7.6. Receptions	Test unit 7(0,11 puntos)	11th. Unit 7 class
Semana 13	Unit 8. Contents (IV) Health and education: Hygienic-postural habits in physical education 8.1. How to study this unit? 8.2. Components of physical fitness 8.3. Joint by joint 8.4. Strength as a fundamental component of physical fitness	Test unit 8(0,11 puntos)	12th. Unit 8 class
Semana 14	Unit 9. New methodological proposals for physical education in the 21st century 9.1. How to study this unit? 9.2. Excellence, creativity and learning contexts 9.3. Nudge: Learning and movement environments 9.4. TIC - TAC in physical education 9.5. Gamification in education	Test unit 9(0,11 puntos) Forum activity. Good TLK practices in Physical Education(0,8 puntos)	13th. Unit 9 class Revision session for all queries Session for explaining the exam model

Semana 15	Revision week – No classes (only forums for queries)		
Semana 16	Exam week		

Esta Programación semanal **puede ser modificada** si el profesor lo considera oportuno para el enriquecimiento de la asignatura.